



## BANTING AND BEST CHILD CARE CENTRE NEWSLETTER September 2024

### Centre Update

- ✚ Children had a fun filled summer with trips, workshops and activities.
- ✚ The last day of the summer camp is August 30, 2024. We wish all the children leaving the summer camp Good Luck. We will miss you all.
- ✚ Labor Day is on September 2, 2024. The Centre is closed.
- ✚ School Reopens on September 3, 2024.
- ✚ We would like to welcome all the children who are enrolling in our program in September.
- ✚ Preschoolers at Banting and Best CC site will continue use Lillio. Pictures of the activities that your child participates in, meals and any other information will be sent through Lillio. School Aged groups and Kindergarten groups will post their documentation in the room for the parents to view.
- ✚ Staff at the Centre will continue to follow the Toronto Public Health and Ministry of Education Operational Guidelines.
- ✚ The weather is changing, so remember to dress your children appropriately. Please remember to send an extra set of clothes.
- ✚ Limited Spots are available in all the rooms at both Banting and Best and at our Satellite program at Prince of Peace.

E-mail: [bantingandbestcc@gmail.com](mailto:bantingandbestcc@gmail.com)

Dear Parents: Please feel free to e-mail us if you have any questions and concerns. The Centre is a **PEANUT FREE** environment. Please do not bring any breakfast and snacks containing peanuts and tree nuts. Please make sure that all foods have the ingredients list including any treats in the Loot bag.



Sept 1<sup>st</sup> – Samuel  
Sept 7<sup>th</sup> – Autumn  
Sept 20<sup>th</sup> – Sherman  
Sept 24<sup>th</sup> - Erumnaz

Sept 6<sup>th</sup> – Lucas C  
Sept 10<sup>th</sup> – Thaenuyen  
Sept 23<sup>rd</sup> – Sudhan & Chiziterem

# **Junior Room**

## **By: Atiya, Milly**

September has arrived, marking the end of a vibrant and eventful summer for the children in the Junior Room. The season started with a special graduation ceremony in late June, celebrating the transition of some children to the Senior Room preschool program and others to the Full Day Kindergarten program. Throughout the summer, the children engaged in a variety of enriching activities that made the program both fun and educational. Children were excited to see the flowers blooming and the apples on the tree.

Highlights included bouncing in the jumpy castle, BAM shows, and getting up close with animals during the Hands-On Exotics experience. The children also visited the local public library, celebrated Balloon Day, and took an exciting school bus trip to the Markham Museum. Visits from a firetruck and ambulance were particularly exciting for the children, offering a chance to learn more about these important community services. Children loved having the Jumping Castle every two weeks and looked forward to having fun.

We wrapped up the summer with Baking Day and an Open House, welcoming parents into the Junior Room to observe and participate in the activities. The day was a great success, and we deeply appreciate all the parents who took time out of their busy schedules to join us and support the program.

The Junior Room welcomes Grace, Emily, Aahavan, Alvin, Adrian, Audrey, Autumn, Carina, Deven, Leo, and Zackary. We wish all the best to Silvio, Karina, Mikayla, Doris and Damian who have started kindergarten and good luck to Aviraj, Herry, Eric, Andy, Angela and Qing Xue who have moved to the Senior Room!

Have a wonderful year and enjoy the rest of the summer!

# Senior Room

## Amy & Raina

June is the start of summer vacation. Our preschoolers talked about camping. We decorated our dramatic center with a tent and camping gear. The children experienced through their imaginations & hands-on activities. Our seniors had a graduation ceremony on June 28th. It was a time of celebration and achievement for young children as they prepared to move to JK. Congratulations to our preschool graduates!

July is the month of summer fun and outdoor activities. Summertime is always a fun time in our senior preschool room. The children really enjoyed our outdoor activities. During the warm weather days, we had picnic lunch on our own playground using our picnic bench or large blankets. On July we went to the library. Bakery and Supermarket. On Multicultural Dress Day our preschoolers were wearing their traditional clothes to display their culture. Hands on Exotics Day was a great success. The children had an excellent experience observing and touching bunnies, python, lizard, turtle, hedgehog, mice, etc. We were also involved in a lot of fun sensory play including playdough, bubbles, and water play. The children explored the water outside with our new splashing water toy. They had so much fun. We had a BAM entertainment show called "Is it ok?". Our preschoolers learned how to express their feelings and how to behave themselves.

Working on children's physical, cognitive, social, emotional, and language skills has been ongoing. Our preschoolers had a Markham Museum trip on August. They visited the museum and the orchard while having fun activities there. We had an EMS (ambulance) & 911 Dispatcher visit and a fire truck visit on August. The children learned when to call 911, what to do in an emergency and how the people got immediate emergency help. Our children had Jump castle on July & Aug . We had two projects, "Beach Days" in July and "3D carton box house" in August which helped our preschoolers improve their spatial awareness abilities and also developed their language, social, emotional, cognitive and physical skills by engaging with other children and the teachers in the fun activities.

**WELCOME & THANK YOU:** We would like to give a hearty welcome to all new and returning families who will be joining the Senior Preschool room in September. We will continue to work on our ongoing goals for preparation for Junior Kindergarten. We will practice letters & numbers of the week, offer daily crafts, singing alphabet songs, calendar circle, toileting and getting dressed. We are delighted to have you as a part of Banting and Best Child Care! Thank you to all our families for supporting us!

# FDK 103

## Bing, Judy & Najma

During the spring time, FDK children had several activities to learn about the plants. They watched the follows on an apple tree in front of our daycare. They picked up the dandelions in the grass area and blew the seeds of dandelions. Then, they drew the dandelion on the paper when they went to back to the class. As Earth Day approaches, they learned about the Earth and the solar system, gaining an understanding of stars and planets. They used clay to mold various stars and stack them onto a large piece of paper painted with dark colors to showcase their understanding of the universe. They learn about different cultures by exploring Ramadan, Eid al-Fitr, and the Dragon Boat Festival. Through the activity of making zongzi (sticky rice dumplings), they extended this cultural learning into their own families.

This summer was full of games, activities, field trips, special guests, and so many more new experiences. In July, they were interested in fire trucks. They explored in a tent in the shape of a fire truck, and learned the parts of fire truck. They even made a cardboard fire truck by themselves. They enjoyed watching the BAM show, dancing and singing together with their lovely songs. That's so FUN! In August, they learned about the ocean and ocean animals in our class. They painted a big brown paper in three parts to make our ocean zones and made some ocean animals using foam paper placed on it. We visited the Markham Museum by school bus. We learned about the bees, honey and apples with our guide and did lots of activities about the program. We also had lots of fun during outdoor water play time.

Through indoor activities, our children had a lot of chances to create arts, do dramatic plays, read books, make words using letters, playing with puzzles, and playing Tic-Tac-Toe together, but STRUCTURE is our favorite one in the class. FDK children can use several different toys to build things from our imagination. Some of them used Lego blocks to make a farm for the small animals. Someone had liked to build a castle with foam blocks to hide a princess inside, and used Magformers to build a truck that moves around the road. The linking cube toy is one of our favorite toys in our class. We spent lots of time designing making robots and dinosaurs with these small cubes.

A new school year is coming, let's hope that we will have more exciting experiments in FDK room. Have a safe and wonderful school year, everyone.

# SA 102

## Lily & Tharani

In June, the children were interested in science activities. They did a drop of water on a penny, making oobleck and volcano making kit experiments. They were amazed that a penny can hold 30 drops of water. They were debated if oobleck could be considered a solid or a liquid. They loved to watch the eruption happen by adding more vinegar and baking soda to the volcano kit. It was the dragon boat festival and the children were learning about what the dragon festival is and making traditional rice dumplings. They discussed the health ingredients we should use, and participated with the group to learn how to wrap the rice dumpling.

In July, the summer camp started. For each week we had planned special activities such as visiting the fire station by taking the TTC, outdoor sports day, hands on exotics, nature scavenger hunt, making fresh fruit popsicles, show and tell and jump city trip. Every other week, we had a jumpy castle for the children to play in. For the first trip, we went to Station 242 to meet local firefighters and learned about fire safety. For hands-on exotics, the children got hands-on experience touching and holding snakes, chinchilla, hedgehog, spurred tortoise, silvery cheeked hornbill. For outdoor sports day and nature scavenger hunt, the children explored a variety of sport games and searched for wooden treasures all around the field. The jump city trip was the best one for the children. They explored trampolines, jungle gym, rock climbing, and laser tag.

In August, we had a Milliken Park trip, Markham Museum trip, and EMS & 911 dispatcher visit. For the Milliken Park trip, all the children played with structures at the playground and splash park. For the Markham Museum, the children explored the typewriter and the simplicity of early printers, the blacksmith shop and the Variety Hall. At the end, all the children enjoyed playing mini-golf. For the EMS & 911 dispatcher visit, the children got on the ambulance to see all the equipment. In the classroom, the most interesting things for the children are bean boozled challenge and candy salad activity. For a bean boozled challenge, the children used a spinner to decide what jelly bean colour to choose. For the candy salad activity, the participants tossed an assortment of candy together like a salad.

As the school year approaches, we look forward to having more fun in the classroom. Have a great school year!

## **SA 104**

**By: Sajiththa & Joanne**

June was a month filled with creativity and exploration! The children made healthy food plates using flyers, learning about balanced diets, and making nutritious choices. They built battery powered Knex cars, which encouraged problem-solving, teamwork, and basic engineering skills. Crafting with melting beads helped improve fine motor skills and hand-eye coordination. Observing bugs and insects sparked curiosity and a love for nature, enhancing their observational and scientific inquiry skills. We also said goodbye to some friends who moved up to new classrooms.

July began with creativity and community spirit as we made Canada Day posters, allowing the children to express themselves and reflect on what Canada means to them, boosting their cultural awareness and art skills. Our Gardening Club taught patience, responsibility, and the science of plant growth as they planted sunflowers, daisies, carrots, and peppers. During our visit to the library, children practiced reading and comprehension, building a love for books, and exploring different genres. The Hands-On Exotics session with furry animals and reptiles expanded their understanding of animal care and empathy towards all living creatures. Our trip to Jump City fostered physical activity, coordination, and resilience. The children also learned new dances and songs, enhancing their rhythm, memory, and creativity. Science experiments sparked their curiosity and critical thinking, while making shrink-art keychains boosted their fine motor skills and creativity. After watching Inside Out, we had meaningful reflections on emotions and how we can self-regulate in certain circumstances.

August brought even more adventure and learning! Our visit to the Markham Museum deepened their understanding of local history and cultural heritage where we explored about the ancient ways of life, a blacksmith shop, ancient technologies, convenient store, and a mini golf session. Making friendship bracelets strengthened fine motor skills and provided an opportunity to practice patience and focus. Challenging themselves with large diamond art pictures improved their concentration and persistence. Card games like Exploding Kittens & UNO Flip, along with board games like Candy Land & Trouble taught strategic thinking, turn-taking, and good sportsmanship. We created personalized bookmarks using marble painting methods. Lastly, we ended the summer with another movie day, enjoying lemonade popsicles while practicing social skills, saying farewell to some friends, and preparing to welcome new ones for September.

We are incredibly proud of all the children for their enthusiasm, creativity, and growth this summer! We look forward to more exciting adventures in the new school year.

# POP - SA

**By: Magda, Angela & Hamida**

Our Summer camp program at Prince of Peace was busy and exciting with trips, outdoor, indoor workshops and also cooking activities. In July, we went on a trip to the Fire Station. We walked to the bus stop and took the TTC bus to the fire station on Brimley and Finch. The children enjoyed the bus ride. At the fire station the children listened to instructions and asked questions and got to ride on the fire truck. They also got to use the fire hose. We went to Milliken Park and had a picnic and played in the playground. It was a very hot day so they also played in the water park.

We learned about Egypt and Italy and we made whole wheat pita bread and falafel from Egypt. We made pizza and pasta alfredo from Italy. They enjoyed eating their creations for a snack. In August, we walked to B & B to have fun on the jumping castle a few times during summer. There was a hands-on exotic work shop and it was a success! The children got to see and touch a snake, bunny, parrot, chinchilla and many more.

August was a busy month! We had two field trips to Jump City and Markham Museum. This was our first time going to Jump City - and hopefully not our last! The children really enjoyed being able to let loose and test their gross motor skills on the bouncy floors. The TTC bus ride to the Jump City was fun. We also visited Markham Museum again and got to participate in a Scavenger Hunt and Mini Putt, which the children enjoyed! We also had a chance to meet with some important members of our community who were EMS dispatchers and paramedics. We were able to hear first-hand how important their jobs are and get a private tour of their ambulance. Children also learned about the importance of dialing 911. The children had lots of questions and had lots of stories to share about their own experiences with the fire department and police department. We also did a lot of Food-related activities, such as a Frozen Lemonade activity where all the children got to help out with slicing, squeezing and zesting, a Fruit Kebab activity where all the children got to help out with slicing different fruits and building their own skewers, a Smores activity led by Jojo from the Kindergarten program, and we also made watermelon smoothies and fruit tanghulu - so yummy! We did a lot of group activities such as an origami workshop and making up a new card game called Taco Cat along with a gross motor game called Farmer's Wheelbarrow. We ended our summer with an end-of-year bash. We watched the movie Cars with the Kindergarten group and enjoyed some chips, candy skewers, and freezies. We also brought some glowsticks and had a fun glow party playing all of our favorite songs in the dark, and even tried playing Hide and Seek and Marco Polo using only the glowsticks as light sources.

We are saying goodbye to a lot of our classmates in September: Abby, Chloe, Ryan, Rian, Katarina, Romello, Mika, William and Rita. We wish them all the best in their future journeys! In September we will be welcoming some new children from the kindergarten program to the School Age class: Zaine, Jaxon, Naomi and Angelica. Thanks everyone for a great summer!

# POP – KG

## By: Jolentha

These past two months of summer have filled us all with wonderful memories. Let's recap on what has happened at the POP Kindergarten group. In July, we had our first meeting with new friends and old friends. We learned each other's names fairly quickly and got to playing with each other as well. They engaged in Tea parties in the dramatic center, played Doctors, a Mechanic and a scientist.

We had the pleasure to host the group, A Scientist in the School. The children got to experiment with several different activities talking about foundations. They put together a tree made of a paper tube using some popsicle sticks as the tree branches and were challenged to balance the apples that were pom poms on top of the popsicle sticks. At first, they found it hard to do because the paper roll would fall over from all the weight on top. Then, they were tasked with some plasticine that they could use as roots, to ground the tree. They found that it was sturdier.

We had some cooking lessons in the classroom. We learned to cut fruit safely and skewer them to make fruit wands. We also had a camp out and made smores in the oven. We built our platform of squishy marshmallows on top of the graham cracker, then topped it off with Aero chocolate and sent it into the oven to be toasted. The children enjoyed the process, but they mostly enjoyed the taste testing. Every other week we had a different Jumpy Castle that would come and the children got to jump and do fancy tricks in the castle. The children loved bouncing here and there.

Exotic Animals came for a visit to the centre and the children learned to use gentle hands for petting, along with staying quiet because some animals were scared of loud noise. We met a Tortoise, Ferret, Macaw, Bunny, Bearded dragon, Chinchilla, and an albino snake.

The kindergarten group was most excited for our school bus trip to Markham Museum. That day, we learned about an Old-fashioned Apple peeler and peels, cores, and cut the apple into a spiral. The children got to take turns to turn the wheel while peeling the apple. After, they got to taste the apple that was freshly cut into a spiral for them. They learned that this was a method they used in the pioneer times to dry fruits for the winter. They also got to walk around the Markham Museum grounds where we went into different buildings. The Honey house is where we learned about bees, pollination and honey. There was a cabin that housed eight people and they showed us how they lived and survived during the winter.

Community helpers, such as the Paramedics and firefighters also came for a visit to the centre. We learned a lot about Paramedics and their jobs to keep people safe before they arrive at the hospital. They showed us the mechanics of the stretchers and the machines that help read our heart beats. Then, we got to go inside and received a tour of the inside of the ambulance. That day the paramedics inspired some of our children to become a paramedic in the future. The Firefighters also gave us a demonstration with their fire truck. This time they brought a ladder truck and the truck would stretch out extra arms to stabilize the truck. The ladders stretched to about 50ft, which was about a 10 story high building. They were amazed at the height that the ladder can stretch. They also showed us different tools they used to go into the building with. A lot of the tools they used were very heavy, which meant they had to train a lot to carry all the equipment to fight a fire.

It was the last week of Summer. We went to neighbouring parks and ended our summer with Pajama Day and a movie. I wish all our friends to have a safe and wonderful School year. We hope to see you again next summer!