



**BANTING AND BEST CHILD CARE CENTRE
NEWSLETTER
September 2019**

Centre Update

- ✚ We would like to welcome some new teachers that have joined our staff team. Stacey and Raina are in the SA room 104. Nourhan is with the FDK 105. Dilshani is in FDK 103. Angela is at Prince of Peace Kindergarten Program.
- ✚ Welcome to all the New children that have joined our centre
- ✚ Spaces are still available at our Prince of Peace Satellite program for Subsidized and full fee children for the School-Age program and Kindergarten Program.
- ✚ Parents if you have any out grown pants in preschool and kindergarten age groups and do not need them, we are collecting used clothes for accidents.

E-mail: bantingandbestcc@gmail.com

Dear Parents: Please feel free to e-mail us if you have any questions and concerns. The Centre is a PEANUT FREE environment. Please do not bring any breakfast and snack containing peanuts and tree nuts. Birthday cakes and loot bag treats will only be accepted with an ingredient list. Let us continue to keep our children safe.



**Samuel & Michael – Sept. 1
Koagulan – Sept. 2
Mattheo – Sept. 6
Avinash – Sept. 8
Doreen – Sept. 13**

**Sofia – Sept. 20
Jonathan – Sept. 23
Jaden & Faithen – Sept. 24
Angelina – Sept. 29**

JR ROOM

By: Milly

I can't believe that summer is almost over. We had a lot of fun together. We took part in many interesting and meaningful activities, workshops and trips. We enjoyed a fun filled and safe summer.

In the past two months, we were very excited to welcome ten new children join in our junior room. We also said goodbye to Johnny, Tommy, Andrea and Kayla and wishing them a great start in their new school.

In June, we celebrated Father's Day. We made cards and tissue paper flowers for our Daddies as a Father's Day gift. We also made Canada flags and maple leaf stencil rubbing related to Canada's Day. And we made lots of activities of insects based on children's interest. We made ant puppet, ladybug and butterfly suncatcher, etc. We discovered books of ants in the room and observed ants outside. Children have been very curious in observing and following ants climbing around the playground.

July and August were the happiest and busiest months in a year. Children had a lot of fun activities and trips.

In July, we had a trip to Markham Museum, children were excited to see and explored various kinds of transportation toys there. They listened to books about different types of transportation, made paper car and built their own cars with Lego and blocks. We also had the other workshop such as martial art every Thursday, jumping castle at the end of each month and "singing Sally" show, etc. children loved to join these activities. At the same time, we continued to follow children's cue to create crafts of rainbow caterpillar, paper plate bumble bee and spider web/spider. We did various science experiments in the classroom, for example-Magnet Painting. We put a few drops of paint on top the paper plate along with a few metal or non-metal objects and then let children "paint" by slowly moving the magnet wand. Children were surprised to see metal objects around through the paint and the other objects not moved.

We went on a trip to the Science Center on August 14. It was a very attractive and educational place. We visited space-themed exhibition and kidspark area. Children loved to play with different areas in kidspark, such as supermarket, garden, blocks area, funny mirror, riding place and pin wall. And, one of the biggest interests for children at kidspark was the supermarket. They spent a long time to pretend to play cashiers and customers there. Therefore, we turned dramatic center to supermarket from their cue from the trip. We also went to visit the Al-premium food mart to see and recognize more information about supermarket. This week, we had a multicultural party that invited parents to come and joined us. Thank you for the parents to bring the food and spent time with your children.

The weather is getting a little cooler now, please dress your children according to the weather and prepare appropriate running shoes and summer hat.

SR ROOM

By: Manouri

Everyone was excitedly waiting for the warm weather to take out their shorts, skirts, t-shirts and sandals. Time flew by and now we are at the end of the summer and some of the children are looking forward to their first year at school.

In July the children were interested in Canada day, ice cream, flowers and insects. Children were excited about Canada day. We sang "O Canada" and made different crafts for Canada day. We also visited the library to get books about Canada, bugs and flowers. We grew vegetables in recycle bins. When the carrots and tomatoes plants started too grown the children were happy and they took it home to plant. We walked around the neighborhood to look at the flowers and learnt the names of the flowers. During the month of July, we also had different workshops. Mr. Luke came for Martial arts every Thursday and the children enjoyed doing during various activities with him. We also had B.A.M "Singing Sally" Show. In this show they explored different instruments and also enjoyed the puppets show part. We went on a trip to the Markham Museum and children enjoyed and participated in all the activities and the story sessions. We had different days like balloon day, under the sea and face painting. It was fun playing with water filled balloon, looking for sea creatures under the face and painting the face with different characters. Jumping castle was a huge success. Children were delighted to see the jumping castle and enjoyed every minute jumping on it.

In the month of August children were interested in food, flowers, supermarket, planets and post office. We talked about different types of food and the nutrition's in it. We also discussed the importance of avoiding junk food. We moved into flowers. We turned the dramatic center into a flower shop. Children always loved visiting the supermarket. They turned their interest into shopping. We cut out our favorite food from the flyers and made a shopping list. We also visited the supermarket. For the post office we talked about posting letters and how they are sent to another country. We also discussed about the delivery and sorting of letters.

In August we visited the Science Centre. Children loved looking at the plants and stars. They explored the color mixing sections and the parts of the body. We continued to have martial arts with Mr. Luke. We had a drumming workshop with the travelling stage. Children played different rhythms with the drums.

We had a summer party and the children came dressed in Pajamas in the centre's playground. Parents were invited. Thank you to all the parents who brought snacks and joined the party. We missed the parents who could not come to the party due to work but sent some snacks. On the last day we had pizza. They loved it.!!

Winnie, Aiden Phyllis and Jeff are starting school. Tina, Hazel and Felix are leaving the Centre. Good Luck to you all. We will miss you. Finally, many great memories of each and every one of you. Many skills were improved. It was a great pleasure and an honor for me to get the opportunity to take care of you all and help you grow.

FDK 103

By: Jolentha

Welcome back to School! It's the first day of school. I hope that everyone had a wonderful, exciting, and fulfilling summer, as much as our FDK103 Children did. Let's take a look back into our past months together.

During the first weeks of July we celebrated Canada Day. Yay! Happy Birthday Canada celebrating 152 years old and going strong. We started by turning our house centre into a Canada Day Camp Ground. The Children pitched a tent inside and made themselves right at home.

FDK103 Children were interested in animals and ocean life animals. Linking cubes was an activity that expanded their imagination. Some of the children followed the patterns of the cubes to make animals like a Chicken, Alligator, Frog, Elephant, and Giraffe. For Ocean Life Animals we put up a blue tarp as a watery background with sea weeds. The children slowly decorated fishes and jelly fishes in the background. They made Shark hats, and we sang the Baby Shark song.

Jurassic Park was a big hit in July. The children would use the blocks from the block centre to build an enclosure for the Dinosaurs to roam in. They also put an airport so the other dinosaurs that couldn't fly to fly on a plane to visit the other Dinosaurs living across the town. They used wooden train sets to make a train station for dinosaurs to.

We took strolls to our local park Agnes McPhail Park to play on the swings, monkey bars, and the slides. On our walks we discovered Monarch butterflies flying around, we tried to catch them but they were fast to fly away.

Every Thursday we had Martial Arts Lesson with Mr. Luke. He taught us knee strikes, punches, front kicks, front side crescent kicks and most importantly FOCUS. Without focus we get distracted by things and cannot do to our full potentials. In this world full of distractions of gadgets and toys we need to slow down and focus on breathing and calming our bodies. Through martial arts we release energy when we kick and when we punch. Thanks, Mr. Luke, for doing activities with us and show us to Focus and release energy.

Building toys was another interest that the children got to do a lot during the summer. Straw builders was a new building toy that we explored with, making Numbers, fishing rods, houses, and a long jump rope. Wooden Blocks were used to make castles, buildings and a community.

Our first trip we went on a school bus to Markham Museum, we learned about transportation, gravity, and weight. Through the mechanics of a pulley and axel. We learned how things have evolved from the past to now, we have cars, planes, trains, and boats that we can go from one place to another. We played with a machine that blows air through connecting tubes, we stuck a handkerchief inside and watched it travel through the tubes to blow out and drift down towards us again. There was another machine that did the same thing but the children got to build with the tubes and direct where they wanted the handkerchief to go. Our second trip we hopped on the school bus again, that took us to Vaughn Mills Mall: Lego Land. The children were excited to see all the creations displayed, there was a Lego City of Toronto, Raptors stadium with the 2019 Championship cup. There was a station where we can weigh ourselves in Lego Bricks. We met Emmet from the Lego Movie and took a picture with him.

Mad Science came for a visit to present to us about creepy crawlers. Using a telescope that lets us look into the vision of a fly, seeing multiple images of an object from different angles. We learned about the importance of bumble bees and how they fly from one flower to another flower collecting pollen. There was an activity where the FDK103 children got to fly around collecting pollen from the flowers, we used a special purple UV light to see how much pollen we've collected from a pom pom.

During the months of August, we did a lot of art projects, we used different types of media such as paint, beads, plasticine, clay, markers, crayons, pencil crayons, pipe cleaners, strings, and 3d collaging materials.

With the air-dry clay, we made cups and saucers, some of us made miniature food products like cookies and donuts. Then we painted the clay products when it was dried. With strings we tried to do gimp bracelets and learn to braid with yarn.

It's another start of another school year, farewell to the children who have left us for the summer to return to their own schools and to those going to new schools good luck and hope to see you again next summer.

FDK 105

By: Nourhan

The summer Camp Journey is sadly done so fast, but the children are ready, and excited to meet their next challenge. The next adventure the children will come to see it in their kindergarten, as they come to explore more realities, face challenges, and a new sense of fun. Each stage of these children's lives is unique, it has its own lessons, and it will increase these children's knowledge every time. They just need a little guide to help them on their way.

In July the children were interested in cars., airplanes, trains, and construction. While outside they would identify the different cars they see, the airplanes, that pass in the sky. Also, they loved riding those motorcycles, and racing with one another, and seeing who's going to win. As a result, we had a discussion about different kinds of cars. During our discussion we talked about the need for cars, trains and airplanes, and how do they help us. The children enjoyed socializing with one another. Together we did different kinds of art like cars, and trains. While the children were also interested in butterflies, flowers and making jewelry. I would then explain the connection between butterflies and flowers. We did butterflies and flowers for art, and the craft table was always open for the children to make various creations they wanted to create. Some of the children made Jewelry with craft materials.

In the month of August, the children were still interested in the airplanes, trains, and construction, but they were also interested in dressing up dramatic Centre and putting on the hard hats that construction workers use. They shared the tools with one another as they pretend to use the play hammer. The children were still interested in jewelry, but they started getting interested in cooking, as they would mix all kinds of play food, and sit down with a big group of children, and pretend that they were having dinner. I started introducing all the different kinds of food. We talked about the healthy food, and un healthy food, and had a discussion about what food are good and bad to have too much of. The children enjoyed listening to all different kinds of the stories at story time read to them. Some of the stories were about animals, school, insects, and even children like them. They were able to relate to the story and would constantly ask questions about it.

We also, had different kinds of workshops coming in the centre. Mr. Luke came every week for martial arts. We also went on trips, to the Markham museum, and the science Centre, which the children loved exploring in the different areas. Then there was the "Jumping Castle", "the Drumming", and the "The traveling stage performers". They were all great experience that the children got to explore with materials and also participate in.

It has been a pleasure teaching all the children, they are kind, sweet caring individual, who are on the beginning of their journey of learning. I wish them all the best, in their school year.

SA 102

By: Lily

Summer Break was soon approaching, and this meant summer fun! All the children were excited to do all the fun activities we had in store for them. To start off in June, the school-agers were interested in bugs and building Legos. Throughout the month, we explored a variety of activities related to bugs, such as pipe cleaner dragonflies, bug fossils, leaf bugs, straw caterpillars, and salt and glue spider webs. Also, the children played with Legos frequently, as it was one of their favourite things to do. Therefore, on P.A. Day, we took the school-agers to the Goldhawk Library for a Lego workshop. During the workshop, the children followed an instructor and successfully built bridges with the Lego blocks. In addition, the children made "My Dad Rocks" stones and muffins for Father's Day to show their appreciation to their fathers.

Time quickly passed by, and it was already the beginning of summer camp. For the month of July, we welcomed two new kids to our program, Chloe and Amy. In July, the children found a strong interest in knitting, Perler beads. For knitting, we used Bamboo sticks and yarn to knit. In the beginning, it was hard for the children to knit; but after a few days of practice, they slowly got the hang of it. Also, we created Perler bead patterns like swords, dinosaurs, and many more. For Science activities, we did the straw challenge; built spaghetti and towers; a blowing bubble contest; and learnt how clouds turn to rain. Furthermore, the school-agers had a Mad Science "Glow Show" and Travelling Stage: "Unconditional Love. The school-agers had a jumping castle once and martial arts every Thursday. Moreover, for cooking, we made lemonade, mini muffins, and, and pizzas (for pizza day). The most enjoyable activity was going to the Markham Museum. We were enjoying motion with swing balls, exploring transportation, the power of wind and motion, balls and ramps, and more.

In August, the school-agers were mainly interested in sewing, modelling clay, and board games. The children used sewing needles and thread to make sandbags, felt puppies, and flowers. They loved moulding using soft clay, plasticine, and air dry clay. They loved playing the new board games, such as Mouse Trap, Twister, Monopoly, and Scrabble. For Bingo Day, they participate in the game and won a variety of prizes. In addition, we did cooking activities and made sushi, muffins, popsicles, and smoothies. Lastly, we went to Legoland. The children watched a 4D Lego movie, built cars with Lego blocks, went on a ride, and some games.

Overall, the summer camp was very successful and filled with fun and exciting activities. By the end, we made memories and many arts and crafts for remembrance of this joyful camp. Now, Fall is approaching, and it is getting chilly, so make sure to wear and bring suitable clothing for the weather. Have a nice 2019-2020 school year! We wish you good luck!

SA 104

By: Stacey

This summer has been an exciting one! The children's curiosity lead to many learning experiences throughout the last few months.

The children discovered bugs, created their own pizzas and lemonade, visited the surrounding parks, created arts and crafts and much more. We even had the chance to visit the Markham museum and Lego land which was a great learning experience. There were many team building opportunities for the children which included a scavenger hunt and building a race track course together. We tried to enjoy the summer days as much as possible, having water games outdoors and water days to cool off.

During outdoor time on the playground, a Caterpillar landed on my shoe. I took it as a learning opportunity and the children all gathered around as we tried to figure out what type of caterpillar it was and what kind of butterfly it would turn into. To our surprise, after doing some research, we discovered that it would turn into a white tussock moth. The children wanted to keep it, so we decided to create a home for it inside a bug jar, and watched it change into a cocoon. Every day the children were wondering whether or not the Caterpillar had turned onto a moth or not. They learned about metamorphosis and the life cycle of a Caterpillar.

We ended off the summer with an end of the year party, where we danced, ate pizza and snacks and played some games. Time really does fly when you're having fun! Although the summer's over, I look forward to sharing more experiences with the children as I have gotten to know each child individually. I'm excited to see what is next and continue learning and watching each child grow. I have learned a lot throughout the summer, as the children have taught me and continue to teach me every day. Every child is unique!

POP - SA

by: Magda

In July and August our Summer Camp Program at Prince of Peace was busy, safe and exciting with trips outdoor, indoor workshops and baking activities.

In July we had a water balloon day. The children enjoyed playing games with balloons filled with water and spray each other with water guns. We had martial art workshop every Thursday during the summer. Mr. Luke, the instructor played different games with the children that made them run around in the outdoors and having great fun. He also taught them self-defense techniques in a safe way. He set around a course with obstacles and made the children hop and jump around them and kick targets according to rules which the children enjoyed doing very much. When a child failed to do the activity properly the child was to do 5 push-ups which the children found it also fun to do. We were lucky with the weather, we had to be indoor only once.

We went to the local library for a workshop about the Natural World. The instructor discussed with the children what is the Natural World. She gave them blank sheets of paper to sketch on them what they wanted to build. She then gave them different size boxes, egg cartons, taps, paper rolls and other craft materials and divided them into groups to build the projects they wanted. Some built the CN Tower, others built apartment building and so on. They were all winners each child went home with book as a gift.

Our Beach Day was amazing. It was a very hot day. The children brought their water guns (I provided water sprinkler and spray bottles). They also got to flying kites. They played with beach balls and other games. It was a great day.

When it was baking day, the children voted for Pizza. We made pizzas on three different days. The children really enjoyed making the dough themselves and watch it rise. Each child then shaped the dough in the way he/she wanted. They also did the cutting of the topping ingredients such as the mushroom, pepper and pineapple and shred the cheese. They enjoyed eating the freshly baked pizza they made.

We went to the Markham Museum and the children had a discussion about the Canadian pioneers and how they lived long time ago. We visited a very small one-room cabin and the children were astonished about how a family of 6 could live in such a small space. The museum instructor showed the children how to make wool yarn from sheep hair and how to make candles and each child took a candle home. We visited a general store where the children were shown how to preserve food to make it last for long time. Also, how to grow herbs to use as medicine. They also played scavenger hunt game. The last stop was about transportation 200 year ago which was the boat, the buggy and the horse drawn wagon. They also learned that every person in the family had a chore to do even small children.

We also went to Lego land. it was a long drive by bus but the children enjoyed all the rides there. They watched a 4D movies two times and they wanted to watch more but I pointed out to them that there were other activities to explore. At the end we ate our picnic lunch before coming back.

We also had the Drumming workshop 2 times during summer program. The instructor taught the children how to create different beats on the drum and sing and dance. We went to B & B two times for the Jumping Castle. The children had a lot of fun jumping in the castle. The last day the children enjoyed a picnic pizza provided by the B & B Centre. Later we had our party with variety of chips, juices, cupcakes and fruits. The children played games and had fun putting tattoos on each other.

Special thanks for Vincent's mom who provided the treats for our party. And above all we are grateful for the nice weather and the safe summer. Good luck in your school.

POP – KG

By: Ellen

Our long-awaited Kindergarten Before and After school program is officially open and we have a great teacher that will be running the program, Angela.

We are looking forward to all the exploring and learning we will be doing together.

Parents please make sure to have a few extra sets of clothes in their cubbies in case of accidents or getting messes on their clothes.

If you are trying to get into the school for the Before and After school Program and no one opens the door for you please feel free to knock on the classroom window and Angela will gladly open the door to the kindergarten doors.

We are also getting our family board ready and would love to include a picture of your family in it. Please bring in a family picture or you can also email a family picture to bantingandbestcc@gmail.com.

Please also make sure that your child is properly dressed for outdoor play as the weather is getting cooler.